

Live Pain Free

All Natural, Drug-free, Pain Relief

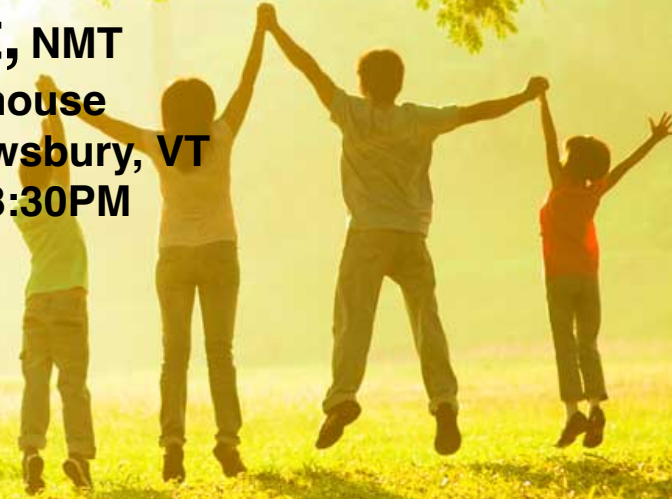
with **Lee Albert, NMT**

Russellville Schoolhouse

18 Crown Point Rd, Shrewsbury, VT

June 21, 2024 - 7:00-8:30PM

Free!



Hey Everyone... I want to ask you a few questions.

- Are you looking for natural, drug-free pain relief?
- Do you want to learn how to live with less pain and stiffness?
- Do you want to know how to finally eliminate your low back pain?
- Would you like to know how you can do it for yourself?

Your body's ability to heal is far greater than anyone has permitted you to believe.

My name is **Lee Albert**. I am a neuromuscular therapist and yoga instructor and I want to empower you with a transformational technique I developed that has helped thousands of people to live pain free, a technique that eliminated my migraines and has helped my clients reduce or eliminate their painful conditions.

This technique is called Integrated Positional Therapy. I developed IPT to help relieve many painful conditions including my own. But even better...Integrated Positional Therapy is designed to address not just your symptoms but to actually eliminate the root cause of the pain.

Sound interesting? I have some exciting news for you. **On June 21 at 7PM, I am offering a free 90 minute introduction to Integrated Positional Therapy and my upcoming Yoga For Pain Relief program at the Shrewsbury, VT Town Hall. (Saturday June 22, 9:00-12:00).** I am not offering a magic potion. But, if you are willing to do some easy muscle balancing movements that don't take up much time, give Integrated Positional Therapy a try.

**for more information, contact
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